نجاح 213 · najah213.com

2 AM The Second Term Test 2 **Miss Meriem**

My Eating Habits

Hi ! I'm Sandra. My eating habits are not very healthy. Mom is always angry with me. I don't like milk but (I must drink it because it builds a strong body). I always have cookies, chocolate, cakes and candies in the morning. When I a mat school, I usually eat a bar of chocolate and some popcorn and (I know I musn't do this) . For lunch, I often have potatoes with meat and some mayonnaise. In the afternoon, I drink some juice and in the evening, I have chicken with rice. I think (I should change these habits if I want to be healthy) .

Reading Comprehension :

A/ I complete the daily eating routine of Sandra.

Daily eating routine

Breakfast : ……

Snack : ……

Lunch : ……

Dinner : ……

B/ I answer the following questions from the text.

1. Is Sandra an unhealthy eater ? ……
2. Does Sandra have to stop eating candies and cakes ? ……
3. What should she do then ? ……
   ……

C/ I match the word and its opposite.

healthy	never
always	seldom
usually	keep
Change	unhealthy

D/ I classify the underlined words in the text in the right column.

E/ I supply the right punctuation and capital letters.

fruits and vegetables are fantastic because they help to keep us healthy

F/ I write what the sentences between brackets express in the text.

1. ……
2. ……
3. ……

G/ I write.

As Sandra, inform your classmates about your eating habits. Give details about the four meals of the day, breakfast, snack, lunch and dinner.

فروض واختبارات مع الحلول لكل المستويات — مجاناً

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