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Level: 2AM…… Full Name:……

The Second English Exam

Grains, fruit and vegetables, meat and other proteins, dairy, fat and sugar compose the five food groups. In a healthy diet, each group plays an important role. To keep in good health, people must consume a lot of grains, fruit and vegetables. They mustn't eat too much dairy, meat and other proteins, and they must avoid too much fat and sugar.

Part One: A- Reading Comprehension:

A- Read the text carefully and answer the following questions (05 Pts)

1-What are the five food groups?.....

……

2-What does each group play in a healthy diet?

……

3- What must people consume to have a good health?.....

……..

B- Find in the text words that are opposite to the following (01 Pts)

Unhealthy ≠ ……..…… bad ≠ ……..

B- Mastery of Language:

1)- Complete the following table (04 Pts)

ADVERBS	ADJECTIVES
carefully	
rapidly	
fast	
badly	

2)-Write the sentences with another form : (06 Pts)

1- She is going to travel to America……..…….

……

2- Is he going to play chess ?……..…..

……

3- They are not going to stay out……..…….

……

PART TWO: Integration Phase (4 pts)

Classify the following words according to the table:

Obesity –flu –cold- high blood pressure –cancer –AIDS-fever – cough

Common illnesses	Serious illnesses

GOOD LUCK

فروض واختبارات مع الحلول لكل المستويات — مجاناً

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