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M.S. 4 **SCHOOL YEAR: 2018/2019**

S E COND T E R M TEST





Healthy Food

There are many fast food restaurants in my town. Lots of people eat fast food, but I think it isn't healthy. They eat this food because it's tasty, but everybody can have a tasty meal at home.

The only problem is that buying fresh products and cooking them takes time. And people prefer to spend time doing other activities, such as watching films, meeting friends, walking in the parks etc.

I also like to do these activities, but I am very careful with my diet. Fresh fruit and vegetables will always give me energy for the day. I like milk, eggs, roast chicken and mashed potatoes. Fried potatoes are nice but unhealthy, like all fried food. My favourite meal is fish. And for dessert I'm afraid I eat too many sweet things: chocolate, candies, cakes, you know...

PART ONE:(14 pts)

A/Reading Comprehension (7pts)

Task One:(3pts) Read the text carefully and answer the questions :

- What does the writer think about fast food? ……..……..
- Why do people eat fast food? ……..……
- What other activities do people like to do instead of cooking? ……

……

Task Two(2pts) Choose the correct letter to complete the sentences:

1. The writer is : a/careless b/careful c/unmindful ……. with his diet.
2. Chips are : a/ healthy b/unhealthy c/ nourishing …… food .

Task Three : (2pts)Find in the text words that are closest in meaning to :

Many= …… , delicious = ……..

Find in the text words that are closest in meaning to :

Selling=/= …….. , hate =/= ……..

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B/Mastery of Language :(7pts)

Task One :(2pts) Reorder these words to get correct sentences :

1 - /food /Homemade / is / ./than /food/healthier/fast /

………………………………………………………………..

2- /a lot of /there /./ In the U.S.A/are/,/food /fast /restaurants/

……………………………………………………………………..

Task Two :(3pts)

A/(1,5pt)Write the correct form of the verbs in brackets :

I like (to eat) …………………in fast food restaurants but my mum always (to tell) …………… me to be careful . She says that I should (to avoid) …………… them and eat at home.

B/(1,5pt) What do the sentences express ? Ability, polite request, absence of obligation :

1- Are you ready to order , sir? ……………………..
2- My mum can cook delicious dishes . ……………………..
3- People don't have to eat a lot of meat . ……………………..

Task Three: (2pts) Cross out the word with the different sound :

/a:/ fast - hard - tasty – heart / æ/ fat - as - candy - day

/ɒ/ home - lot - hot - lost / ai / give – like – nice – fried

PART TWO:(6 pts) Situation of integration

As a teenager you surely prefer fast food to homemade food. But most of the time it's unhealthy.

Write a short paragraph giving the advantages (pros) and the disadvantages (cons) about fast food.

The following hints may help you.

Pros: delicious, save time, cheap …

Cons: unhealthy, not balanced, too fatty …

G O O D L U C K

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