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.....Middle School School year : 2018/2019

Level :4 M.S.

SECOND TERM EXAM

Eat Breakfast

Text :



Is it difficult for you to remember things for a test? Do you feel tired a lot of the time? Try eating breakfast!

According to research, eating a good breakfast can improve memory, concentration and test marks, especially in maths and reading. But improving schoolwork isn't the only benefit. Breakfast eaters usually eat more fruit, drink more milk and eat a larger variety of food than non-breakfast eaters. This gives them more energy and helps. Because of this research, many schools around the world give students breakfast. Everyone benefits from this. Teachers see a reduction in classroom disturbances, and students arrive at school on time and go to more lessons.

So tomorrow morning, take five minutes to eat breakfast before you leave the house. Eggs, cheese, milk, fruit and muesli are all good things to eat. (Leave the crisps and biscuits in the cupboard!) Your body, your mind – and your teacher – will thank you!

Adapted from isl collective.com

PART ONE (14 Points)

A/ Reading Comprehension (7pts)

Task One (3pts) : Read the text carefully and answer the questions

1/ Is breakfast good only for schoolwork ? ……..

2/ Are non-breakfast eaters and breakfast eaters the same ? ……

3/What do the underlined words in the text refer to :

Them ⟶ …… Everyone ⟶ ……..

Task Two (2pts) : Say if the sentences are 'true' , 'false' or 'not mentioned' :

1/ Eating breakfast can help students get good marks . ……

2/ Students must eat at least 2 fruits in the morning . ……

3/Only the teachers will thank you . ……

4/ Students arrive late when the school gives breakfast . ……..

Task Three (2pts) : Match the words in column A with their opposites in column B

A	B
1-Difficult	a-Deteriorate
2-Improve	b-Larger
3-Smaller	c-easy
4-leave	d-arrive

1	2	3	4
.....	.....	.....	.....

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B/ Mastery of language : (7pts)

Task One (2pts) :Supply the punctuation and capitals where necessary

in algeria a lot of children don't eat breakfast in the morning

……..

Task Two (3pts) A/ Rewrite these sentences using the imperative

1/ You should not skip breakfast .

……

2/ You must eat healthy food .

……..

3/You mustn't eat junk food .

……

B/ Use the comparative or superlative :

1/ Homemade food is (good) …… fast food .

2/ Breakfast eaters are (intelligent) …… in class .

Task Three(2pts) : find in the text 4 words that have the following pronunciation :

/æ/ man	/ə/again	/ai/nice	/i:/need

PART TWO (6 points) Situation of Integration

A friend of yours doesn't eat properly . He doesn't get good marks at school .Write him a letter giving him advice and recommendations to change his eating habits .

Use the imperative and (modals: must , mustn't , should …….)

G O O D L U C K

Your teacher : Mr Hadj Rabah

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