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Guendouz Mohamed Middle School Frenda Class: 4MS

The 2nd Term Exam in English language

Text:

Obesity

Obesity is a medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and increased health problems.

Obesity increases the likelihood of various diseases, particularly heart disease, type 2 diabetes, breathing difficulties during sleep, certain types of cancer, and osteoarthritis. Obesity is most commonly caused by a combination of excessive dietary calories, lack of physical activity, and genetic susceptibility.

The primary treatment for obesity is dieting and physical exercise. To supplement this, or in case of failure, anti-obesity drugs may be taken to reduce appetite or inhibit fat absorption. In severe cases, surgery is performed or an intragastric balloon is placed to reduce stomach volume or bowel length, leading to earlier satiation and reduced ability to absorb nutrients from food.

Adapted from: www.Wikipedia.com

Part one : A) Reading Comprehension :

Activity 01: Read the text and answer these questions: (02pts)

1- Is obesity a risk in people's life ?
2- Does obesity reduce illnesses ?

Activity 02: Read the text then say if these sentences are " True" , "False" or "Not mentioned": (03pts)

1- Obesity is considered as a serious illness.
2- Being sociable can improve health.
3- Obese people may suffer from common illnesses.

Activity 03: A) Find in the text a word , that is closest in meaning to : (01pt)

overweight =..... sickness =.....

B) Find in the text a word , that is opposite in meaning to : (01pt)

success ‡..... lately ‡.....

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B) Mastery of Language :

Activity 01: Supply punctuation and capital letters where necessary: **(02pts)**

healthy food will lead to better blood sugar control you should go on diet

Activity 02: Compare the following sentences : **(03pts)**

1- Garlic is (smelly) onion.
2- Banana is (good) strawberries.
3- Chocolate is (interesting) item in all the mall.

Activity 03: Pick out from the text four (04 words) according to the following sounds (02pts)

/ ei / stay	/ ai / sky
1- 2-	1- ..... 2- .....

Part two: Written expression **(06pts)**

You have a friend who is overweight . He / She needs your help . Send him / her a letter in which you advice him / her to change his / her way of eating in order to be healthy.

These hints may help you :

- Go on diet / practise sport .
- Control your meal times.
- Check doctor where necessary…….ect

Do not sign your name

GOOD LUCK

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